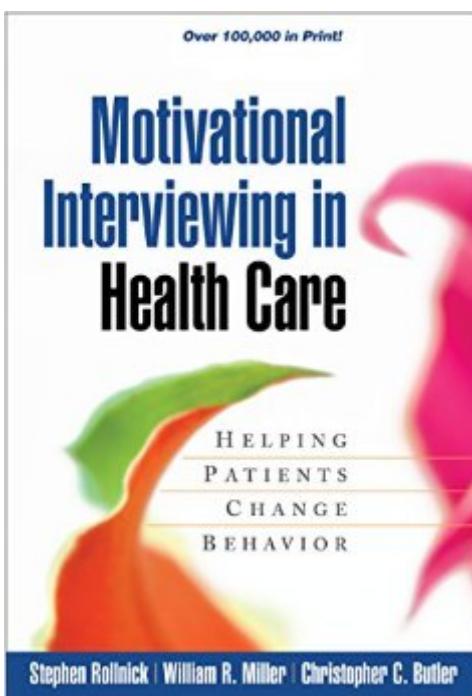


The book was found

Motivational Interviewing In Health Care: Helping Patients Change Behavior (Applications Of Motivational Interviewing (Paperback))



Synopsis

Much of health care today involves helping patients manage conditions whose outcomes can be greatly influenced by lifestyle or behavior change. Written specifically for health care professionals, this concise book presents powerful tools to enhance communication with patients and guide them in making choices to improve their health, from weight loss, exercise, and smoking cessation, to medication adherence and safer sex practices. Engaging dialogues and vignettes bring to life the core skills of motivational interviewing (MI) and show how to incorporate this brief evidence-based approach into any health care setting. Appendices include MI training resources and publications on specific medical conditions. This book is in the Applications of Motivational Interviewing series.

Book Information

Series: Applications of Motivational Interviewing (Paperback)

Paperback: 210 pages

Publisher: The Guilford Press; 1 edition (November 7, 2007)

Language: English

ISBN-10: 1593856121

ISBN-13: 978-1593856120

Product Dimensions: 0.8 x 6 x 9 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 starsÂ See all reviewsÂ (87 customer reviews)

Best Sellers Rank: #4,912 in Books (See Top 100 in Books) #1 inÂ Books > Textbooks > Medicine & Health Sciences > Administration & Policy > Health Risk Assessment #1 inÂ Books > Medical Books > Administration & Medicine Economics > Health Risk Assessment #2 inÂ Books > Medical Books > Nursing > Nurse-Patient Relations

Customer Reviews

Motivational Interviewing in Health Care By Rollnick, Miller and Butler As an experienced neurologist (read 'old') I have spent decades and read many books about interviewing: neurological, psychiatric, difficult, challenging, etc., etc. In serial publications over 20 years or more, Dr. Miller and others have refined the process of how to converse to effectively motivate patients to do what (you think) they should do. Doctors know that figuring out what a patient needs is only the beginning of the overall process. Selling the patient is important in medicine if optimum results are to be attained. This book is a communication guide. This book shows you how to convince the patient he needs and really wants to buy your product for his own good. In an intelligent and logically organized

fashion, this thin book (2-3 hours max to get through, but then more time later to restudy and refine technique) provides a matrix from which to work to induce your patient to internalize wanting and needing to do what he should do for optimal health. It shows physicians or counselors how to begin therapy after making a diagnosis and reinforces a teamlike approach where resistance or escapism can often show up. If you recall the book *The House of God*, one of the first rules proffered was that the patient is always the one with the problem. This book guides the doctor to show the patient why he needs to take on his problem and be motivated to handle his part optimally for his own good. As I improve my use of these straightforward techniques, I am considering jettisoning the ballpeen hammer I used to use for the same purpose. There is nothing earth shattering here.

[Download to continue reading...](#)

Motivational Interviewing in Health Care: Helping Patients Change Behavior (Applications of Motivational Interviewing (Paperback)) Motivational Interviewing in Health Care: Helping Patients Change Behavior (Applications of Motivational Interviewing) by Rollnick, Stephen, Miller, William R., Butler, Christopher C 1st (first) Edition (2008) Motivational Interviewing in Health Care: Helping Patients Change Behavior (Applications of Motivational Interviewing) Motivational Interviewing: Helping People Change, 3rd Edition (Applications of Motivational Interviewing) Motivational Interviewing, Third Edition: Helping People Change (Applications of Motivational Interviewing) Motivational Interviewing in Diabetes Care (Applications of Motivational Interviewing (Paperback)) Motivational Interviewing in Nutrition and Fitness (Applications of Motivational Interviewing (Hardcover)) Aha Guide to the Health Care Field 2009 Edition: United States Hospitals, Health Care Systems, Networks, Alliances, Health Organizations, Agencies, ... Association Guide to the Health Care Field) CBT for Chronic Pain and Psychological Well-Being: A Skills Training Manual Integrating DBT, ACT, Behavioral Activation and Motivational Interviewing Safe Patients, Smart Hospitals: How One Doctor's Checklist Can Help Us Change Health Care from the Inside Out Cat Training: The Ultimate Cat Training Guide - Learn How To Train Your Cat And Solve Behavior Problems (Cats Care & Health, Kitten Care, Animal Care) Public Health Nursing - Revised Reprint: Population-Centered Health Care in the Community, 8e (Public Health Nursing: Population-Centered Health Care in the Community) Essentials of Intentional Interviewing: Counseling in a Multicultural World (HSE 123 Interviewing Techniques) Essential Interviewing: A Programmed Approach to Effective Communication (HSE 123 Interviewing Techniques) Interviewing for Solutions (HSE 123 Interviewing Techniques) Orchids Care Bundle 3 in 1, THE NEW EDITION: Orchids + Orchids Care For Hobbyists + Phalaenopsis Orchids Care (Orchids Care, House Plants Care, Gardening Techniques Book 4) Cats: Cat Care: Kitten Care: How To Take Care

Of And Train Your Cat Or Kitten (Complete Guide To Cat Care & Kitten Care With Pro Training Grooming & Nutrition Tips) Interviewing in Swift: Algorithms and Data Structures: Your guide in helping you prepare for the real world of software engineering interviews as an iOS or Mac OS developer. Developing Helping Skills: A Step by Step Approach to Competency (HSE 123 Interviewing Techniques) The Skilled Helper: A Problem-Management and Opportunity-Development Approach to Helping (HSE 123 Interviewing Techniques)

[Dmca](#)